

# PACKING LIST

## Clothing

### A Word On Clothing

Attire in Eretz Yisrael is more low-key than you might be used to. Very fancy clothing even on Shabbat may make you feel over-dressed. On the other hand, Yerushalayim has a special level of kedushah. When choosing your wardrobe, both for Shabbat and for the week, please be sensitive to this.

### Winter Clothing

The winter in Yerushalayim is cold, windy, and (hopefully) wet. Although the temperature rarely goes below freezing, the cold is felt both inside and outside, so you need to bring warm clothing. Because it does not freeze, we get rain rather than snow. Therefore, you will probably find a warm, waterproof raincoat more useful than a wool coat. Also advisable are warm, waterproof boots, umbrella, hat, scarf, gloves, and warm tights. Keep in mind when choosing your clothing that dry cleaning in Israel is more expensive than you are probably used to.

### Linen And Bedding

You will need a pillow, blankets (warm), linen (many prefer to have two sets) and towels. Midreshet Tehillah does not provide any of the above. You can either bring these items with you or, to conserve luggage space, purchase them in Israel after you arrive. You can also purchase them before you come from companies that deliver directly to the campus. We will provide your email address to a company which sells these items and delivers them to the school. Our giving this information to this company is not meant to be an endorsement of any kind for its services. But we supply this vendor with your email address because it is a service many people want and we have found them to be honest and conscientious. If you do not want us to give the vendor your email address please let Mrs Hirsch in the office know (MTehillah@nevey.org).

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## Miscellaneous

- 1) A backpack for tiyulim.
- 2) Small tote bag for shopping.
- 3) Good sneakers or hiking shoes for tiyulim, and water shoes.
- 4) Shower shoes.
- 5) A cap/bandana/hat for tiyulim.
- 6) Bathing suit and cover-up.
- 7) Shirt for tearing kriyah at the Kotel upon arrival.
- 8) A Siddur and Tehillim. Machzorim can be borrowed from the school, but if you have a favorite or use a specific nusach, bring your own.
- 9) Any pharmaceutical items you may need. While most prescriptions, non-prescription drugs, cosmetics, and sundries are available locally, they are usually more expensive, and you may not be able to get exactly what you want.
- 10) Travel-sized bottles of shampoo, body soap, conditioner and mouthwash for those Shabbatot that you leave campus.
- 11) Any musical instruments that you play (double basses not recommended). There is a piano on campus (so no need to bring one).
- 12) A sewing kit.
- 13) Laundry bag.
- 14) Pictures of family and friends; many girls decorate their rooms with these.
- 15) Skirt hangers, preferably stackable (they are hard to find in Israel).
- 16) Adapters and converters.
- 17) An overnight or rolling duffel bag for going away for Shabbat.

## Remember

We cannot stress strongly enough how limited closet and storage space is in the dorm. Your clothing needs are likely to be less than at home. Please do not overload – this will only contribute to closetrophobia (sic). Speak to students who have spent a year in Israel to get a realistic idea of what you should or should not bring.

Do not bring valuables, jewelry of sentimental value, expensive cameras, or large sums of money. Whatever valuables are brought should not be kept in the dormitory. The Neve campus is large with numerous seminaries present so traffic in and out of the dorm building cannot be fully controlled. Midreshet Tehillah cannot take responsibility for stolen or lost property. There is a safe on campus that can be accessed weekly for storing checks, money, and your passport.

## Sefarim

We will be sending you a list of sefarim that you will need for the year in case you want to bring them with you rather than buying them in Israel. This list will be limited to the sefarim everyone uses – your specific requirements will depend on your class selection. We will arrange a sefarim sale on campus soon after your arrival so that you can purchase the necessary sefarim here. Sefarim purchases required for each semester are unlikely to exceed \$100.